

Fall 2026

CONTINUING EDUCATION CATALOG

Lifelong Learning & Personal Enrichment



enrichment



BISMARCK STATE COLLEGE

North Dakota's Polytechnic Institution

WELCOME TO CONTINUING EDUCATION

As the seasons begin to change, fall is the perfect time to discover something new. Whether you're looking to learn a practical skill, explore a creative hobby, or connect with others who share your interests, our Fall 2026 OLLI & Enrichment Catalog offers something for everyone.

This season, we're excited to introduce many new classes alongside returning favorites, giving you even more opportunities to learn, create, and grow. From hands-on workshops and creative arts to history, wellness, technology, and lifelong learning, our diverse lineup is designed to inspire curiosity and encourage exploration.

The Osher Lifelong Learning Institute (OLLI) continues to offer engaging, non-credit courses and special events that bring people together through shared learning and meaningful conversation. Our Enrichment classes provide practical and enjoyable experiences for learners of all backgrounds, making it easy to try something new or build on an existing passion.

Whether you're joining us for your very first class or returning for another season of learning, we're glad you're here. We invite you to explore the pages ahead and find your next adventure with OLLI and Enrichment this fall.



IMPORTANT DETAILS

- Classes require a minimum enrollment before they can run. If a class is canceled, participants will be notified the week before class is scheduled to begin.
- We encourage you to register early so that your favorite class isn't canceled! If you cannot attend a class for which you registered, please call our office at 701-224-5600/1-877-846-9387 at least five (5) business days before class to receive a refund. Full refund policy details can be found under the FAQ section at registeratbsc.com
- In case of inclement weather, we will notify participants of rescheduling or cancellation at the earliest possible time. If BSC is closed due to weather, please note that all classes scheduled for that day are canceled and will be rescheduled for the earliest possible date.

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ENRICHMENT CLASSES

COMPUTER / TECHNOLOGY

BEGINNING EXCEL 2021-2024

Try the latest, most powerful spreadsheet application built for today's workplace - Microsoft Excel 2021-2024. Designed for beginners, you will discover how to build, edit, and modify spreadsheets, design charts, and create basic formulas and functions. *Basic knowledge of Windows is recommended. The class fee includes course materials.*

9/21 - 10/5 (3 sessions)
Mon 5:30 PM - 7:30 PM
BSC NECE, Room 104
Instructor: Debbie Mantz
Fee: \$219 | Course ID: 9200105

INTERMEDIATE EXCEL 2021-2024

It is time to take your Excel skills beyond the basics. This class will have you working with multiple workbooks, outlining, subtotaling, sorting, filtering, and formatting your MS Excel data all within the MS Excel 2021-2024 platform. From protecting data to working with lists, charts, pivot tables, and analyzing data, your Excel skills will be taken to the next level! *Basic knowledge of Excel is recommended. The class fee includes course materials.*

10/13 - 10/27 (3 sessions)
Tue 5:30 PM - 7:30 PM
BSC NECE, Room 104
Instructor: Debbie Mantz
Fee: \$219 | Course ID: 9200104

ADVANCED EXCEL 2021-2024

It is time to take your Excel skills beyond the basics. This class will have you working with multiple workbooks, outlining, subtotaling, sorting, filtering, and formatting your MS Excel data all within the MS Excel 2021-2024 platform. From protecting data to working with lists, charts, pivot tables, and analyzing data, your Excel skills will be taken to the next level! *Basic knowledge of Excel is recommended. The class fee includes course materials.*

12/22
Tue 9:00 AM - 3:00 PM
BSC NECE, Room 104
Instructor: Debbie Mantz
Fee: \$219 | Course ID: 9200106

CREATIVE ARTS

NEW! NATURAL LIGHT PORTRAIT PHOTOGRAPHY

Take your portraits beyond snapshots and learn how to create images with depth, emotion, and professional polish using natural light. This hands-on course is designed for photographers who already understand the basics of their camera but want to improve the quality and consistency of their portraits. Through guided practice, you'll learn how light direction, quality, and color shape a subject; how to handle challenging backlit scenes; and how to create flattering lighting setups using window light, open shade, and reflectors. The course also covers posing techniques that encourage natural expressions, outdoor portrait workflow, location scouting, and editing basics. Each session includes hands-on shooting, so you'll leave with new images and practical experience—not just notes. By the end of the course, you'll feel more confident reading light, directing subjects, and creating portraits that reflect your creative vision.

Prerequisites: Participants should have a DSLR or mirrorless camera with manual exposure controls and a basic understanding of aperture, shutter speed, and ISO. A lens capable of f/2.8 or faster is recommended, though portrait or lighting experience is not required. Please bring your camera, a charged battery, and an empty memory card to each class.

9/9 - 9/23 and 9/30 - 10/7
Wed 6:00 PM - 8:00 PM
and 5:30 PM - 7:30 PM
BSC NECE, Room 101
Instructor: Brian Matthews
Fee: \$89 Course | ID: 9100281

CROCHET 101

It is time to discover crochet! In this class, beginners will learn the foundation of crochet from the chain to the double crochet stitch. Participants will learn how to chain, the single, half-double, and double crochet stitches by creating motifs that can be used as coasters or blanket squares. No prior crochet experience is needed - just patience and determination to have fun while learning! *The following supplies will be needed for class: 1 skein of any worsted weight wool, one H or I crochet hook (5mm or 5.5mm), scissors, tape measure, and a blunt tip needle with a large eye (tapestry needle).*

10/6 - 10/13 (2 sessions)
Tue 6:30 PM - 9:00 PM
BSC NECE, Room 101
Instructor: Larissa Harrison
Fee: \$69 | Course ID: 9100174

DIGITAL PHOTOGRAPHY BOOTCAMP

Take control of your camera and start creating photos with confidence. This five-week evening bootcamp is designed for beginner and intermediate photographers who want to move beyond auto mode and truly understand how their camera works. Each hands-on session combines instruction with real-time practice, giving you the chance to apply new skills right away in a small-group setting with personalized feedback. Topics include camera settings, shutter speed, ISO, aperture, depth of field, focal length, the Exposure Triangle, manual mode, autofocus systems, composition techniques, white balance, file organization, and an introduction to post-processing. Whether you shoot with Canon, Nikon, Sony, or another DSLR or mirrorless camera, this course will help you take more intentional, creative photographs. *Please bring your camera, a charged battery, and an empty memory card to each class.*

10/14 - 11/18 (5 sessions)
skip 10/28 & 11/11 (Class will be held on Thurs 11/12)
Wed 5:30 PM - 7:30 PM
BSC NECE, Room 101
Instructor: Brian Matthews
Fee: \$89 | Course ID: 9100278

NEW! PAPERCRAFTING 101

Cardstock, patterned paper, wet vs. dry adhesive... what do these all mean? If you have ever been interested in learning how to make your own greeting cards or scrapbook pages but don't know where to start, this class is for you! We will go over the basic supplies and terms for papercrafting, and finish class by creating a few cards. *A supply fee of \$20 is due at registration.*

11/3
Tue 6:30 PM - 9:00 PM
BSC NECE, Room 101
Instructor: Callia Cadotte
Fee: \$29 | Course ID: 9100282

NEW! PAINT AND UNWIND

Slow down and take an evening to get lost in a state of flow while exploring acrylic and watercolor paints. This class shares painting approaches that prioritize the joys and sensory experiences of painting over perfection. A great way to quiet your mind, have fun, and learn basic painting techniques. *All supplies are included.*

11/12
Thu 6:00 PM - 8:00 PM
BSC Leach Music Center, Room 022
Instructor: Ali LaRock
Fee: \$64 | Course ID: 9100280

HOW TO SONG-WRITE YOUR WRONGS

Join veteran songwriter Ben Suchy—along with Danny Savage, member of The Mooncats—for an inspiring dive into the art of songwriting. Drawing from over 30 years of experience, Ben shares some personal tips, tricks, and creative methods for crafting lyrics, melodies, and stories that have helped him on his musical journey. Together, Ben and Danny will explore the songwriting process from spark to finish—from song-seed to rooted song—helping you transform mistakes, memories, and moments of truth into music with heart and authenticity. Whether you're a beginner or a seasoned songwriter seeking fresh inspiration, How to Song-Write Your Wrongs will help you find your voice and write songs that mean something.

11/17
Tue 6:00 PM - 7:30 PM
BSC NECE, Room 101
Instructor: Ben Suchy
Fee: \$29 | Course ID: 9100276

NEW! OIL PAINTING: BOB ROSS STYLE!

Unleash your creativity in this fun, hands-on oil painting class inspired by Bob Ross's famous wet-on-wet technique. Participants will paint a peaceful landscape featuring skies, mountains, water, and of course, happy little trees while learning simple techniques that make oil painting approachable and enjoyable. Whether you're new to painting or looking for a relaxing creative experience, you will leave with your own finished artwork and a new appreciation for the joy of painting. *All supplies are included.*

11/18
Wed 5:30 PM - 8:30 PM
BSC Leach Music Center, Room 022
Instructor: Scott Agnew
Fee: \$64 | Course ID: 9100279

CULINARY ARTS

NEW! SWEET & SAVORY CUBAN EMPANADAS

Join us for a fun, hands-on baking class where you'll learn how to make sweet pastry empanadas completely from scratch. From preparing a tender, flaky dough to creating delicious dessert fillings, you'll discover the techniques that make these pastries both beautiful and flavorful. Participants will practice shaping and sealing empanadas with professional-style folds while learning tips for baking perfect pastries at home. Whether you're new to baking or looking to expand your skills, you'll leave with recipes, techniques, and delicious treats to enjoy. *Bring an apron and a container to take home leftovers. A supply fee of \$18 is due at registration. Registration closes September 16 at 12 PM.*

9/23
Wed 5:30 PM - 7:30 PM
CHS, Room E100
Instructor: Elena Martinez
Fee: \$69 | Course ID: 9960049

KRUMKAKE

Krumkake is a Norwegian waffle cookie made with a special hot iron griddle. These special delicacies are a fun, sweet dessert for a holiday dinner or to enjoy anytime! Bring an apron and a container to take home leftovers. *A supply fee of \$15 is due at registration.*

10/12
Mon 6:00 PM - 8:00 PM
CHS, Room E100
Instructor: Karen Hook
Fee: \$59 | Course ID: 9960017

NEW! MACARONS WITHOUT THE MELTDOWNS

French macarons are delicate sandwich cookies made with almond flour, meringue, and precise technique. In this hands-on class, participants will learn the fundamentals of macaron mixing, piping, baking, and troubleshooting common issues. Students will gain confidence working with macaron batter, understand how ingredient ratios and technique affect results, and leave with practical skills they can replicate at home to create bakery-quality macarons. Bring an apron and a container to take home leftovers.

10/14
Wed 5:30 PM - 7:30 PM
CHS, Room E100
Instructor: Abigail Klein
Fee: \$59 | Course ID: 9960048

NEW! THE ART OF SOURDOUGH: FROM STARTER TO SLICE

Sourdough bread is naturally leavened using wild yeast and fermentation rather than commercial yeast. This class introduces participants to sourdough basics, including starter care, dough mixing, shaping, and baking. Students will learn how fermentation affects flavor and texture, how to maintain a healthy starter, and how to troubleshoot common challenges. Participants will leave with foundational knowledge and practical skills to confidently bake sourdough at home. *Bring an apron and a container to take home leftovers.*

11/4
Wed 5:30 PM - 7:30 PM
CHS, Room E100
Instructor: Abigail Klein
Fee: \$59 | Course ID: 9960047



AAHH-LEFSE!

Fresh homemade lefse has a warm, snuggling hug for your taste buds and is traditionally made from potato-based dough that is hand-rolled. The most popular way to enjoy it is called "lefse-klining" – the simple delight of adding butter and sugar, then rolling it up. Lefse is often served alongside lutefisk, another traditional Norwegian delicacy, though one with more of an 'acquired' taste. Join us to learn more because there's no end to all the ways you can enjoy traditional lefse! *Bring an apron and a container to take home leftovers. A \$15 supply fee is due at registration and covers all materials needed for the class.*

11/9
Mon 6:00 PM - 8:00 PM
CHS, Room E100
Instructor: Karen Hook
Fee: \$59 | Course ID: 9960015

ROSETTES

Discover the art of making rosettes—delicate, crispy fritter cookies with a signature lace-like pattern, traditionally sprinkled with confectioners' sugar. Known as rosettbakkels in Norwegian culture, these treats are as beautiful as they are delicious. *Bring an apron and a container to take home leftovers. A \$15 supply fee is due at registration and covers all materials needed for the class.*

12/7
Mon 6:00 PM - 8:00 PM
CHS, Room E100
Instructor: Karen Hook
Fee: \$59 | Course ID: 9960027

NEW! A COOKIE DECORATING WORKSHOP

Cookie decorating combines baking with creative design using royal icing techniques. In this class, participants will learn the basics of outlining, flooding, and simple decorative details on sugar cookies. No prior experience is required. Students will gain hands-on practice, learn proper icing consistency, and develop confidence creating polished, professional-looking cookies—perfect for celebrations, gifts, or a new creative hobby. *Bring a container to take home leftovers.*

12/9
Wed 5:30 PM - 7:30 PM
BSC NECE, Room 103
Instructor: Abigail Klein
Fee: \$59 | Course ID: 9960046



HEALTHY LIVING

PARTNER DANCE: WEDDING DANCE WORKSHOP

Get ready to shine on the dance floor! This 4-week workshop equips couples (or individuals) with the essentials to feel poised, connected, and graceful. Each 60-minute class covers a different popular wedding dance style. Perfect for complete beginners to seasoned dancers, no prior experience is needed. This format allows couples to build confidence and a meaningful first dance experience in a supportive group setting. You will learn partner communication, grace under pressure, and the joy of sharing a crafted dance moment together. *Participants and their partner must register separately. Participants should wear comfortable clothing and bring a filled water bottle if desired.*

8/28 - 9/18 (4 sessions)
Fri 6:30 PM - 7:30 PM
Northern Plains Dance
Instructor: Taryn Johnson
Fee: \$49 | Course ID: 9400167

T'AI CHI: AN INTRODUCTION

T'ai Chi is an ancient Chinese martial art that helps to promote calmness, centeredness, and self-control. It combines meditation with physical exercise and can enhance energy, flexibility, balance, muscle, and strength while reducing stress. In this beginner class, you will learn about the twenty-four forms of the Yang Style and experience meditation in motion. No prior experience is needed. *Please plan to arrive a few minutes early for your first class. Participants must bring their own yoga mats. Class will be held at North Plains Dance Studio, located at 1416 E Front Ave, Bismarck.*

9/9 - 10/12 (10 sessions)
Mon, Wed 7:00 PM - 8:00 PM
Northern Plains Dance
Instructor: Craig Triplett
Fee: \$109 | Course ID: 9400109

AGING GRACEFULLY

Aging Gracefully is a vibrant, adaptive dance program designed for older adults who want to enhance movement, coordination, balance, and overall well-being. Unlike typical chair-based classes, this experience blends seated and supported standing exercises inspired by gentle modern, ballet, and social dance styles—uplifting both body and spirit. Each session begins with a rhythmic warm-up and stretch, followed by dance-influenced movement sequences that can be performed seated or standing, depending on your comfort. These exercises help build strength, flexibility, posture, and coordination, while significantly reducing fall risk. Gentle aerobic activity promotes cardiovascular health and joint mobility, flooding the brain with mood-boosting endorphins. Participants also engage cognitively by learning simple movement patterns that stimulate memory, focus, and spatial awareness. The atmosphere is warm and inclusive, encouraging self-expression, social connection, and a sense of community. No dance experience is required—just wear comfortable clothing and bring a filled water bottle if desired.

Please choose one date option below
10/7 - 10/28 (4 sessions)
11/4 - 11/25 (4 sessions)
Wed 11:30 AM - 12:30 PM
Northern Plains Dance
Instructor: Taryn Johnson
Fee: \$49 | Course ID: 9400165

NEW! INTRO TO TWO-STEP

Learn the fundamentals of one of the most popular social dances in a fun and welcoming environment. This four-week introductory course is designed for beginners with little or no dance experience. Students will learn basic two-step footwork, rhythm and timing, partner connection, leading and following techniques, turns, and simple dance patterns. Instruction will focus on building confidence and developing the skills needed to enjoy social dancing in a variety of settings. By the end of the course, participants will be able to confidently dance the basic two-step and navigate the dance floor with ease. *No partner is required, and comfortable shoes are recommended.*

10/2 - 10/23 (4 sessions)
Fri 6:30 PM - 7:30 PM
Northern Plains Dance
Instructor: Taryn Johnson
Fee: \$49 | Course ID: 9400169

MEDITATION FOR BEGINNERS

Join us for a unique opportunity to experience gentle meditation. In this group course, you will learn some of the fundamentals of mindfulness meditation practice and how to develop a practice that supports you. This class is structured in a gentle, supportive way that is accessible to any person's age and/or background. All participant levels are welcome! A number of studies have shown the benefits of meditation include stress reduction, better sleep quality, and increased mental health. Wear comfortable loose-fitting clothing, a cozy sweater or lap-top blanket, a yoga/pilates mat and a pillow.

10/12 - 10/29 (6 sessions)
Mon, Thu 6:00 PM - 7:15 PM
BSC NECE, Room 103
Instructor: Edwin Kitzes
Fee: \$49 | Course ID: 9400168

HOME & GARDEN

PAWSITIVELY PUPPY

Puppies do a lot of learning in their early months. Join Betsy for this class focused on puppies six months and younger. Behavior training tasks to be covered are: engagement, biting, chewing, jumping, digging, barking, and more! Obedience training tasks to be introduced in a puppy style will be sit, down, come when called, controlled leash walk, wait, stay, and how to greet people. *Equipment and requirements to attend this class are: VACCINATION RECORD ADMINISTERED BY A LICENSED VETERINARIAN ONLY (to include Distemper/Parvo series, Rabies if the puppy is old enough and Bordetella), a collar (prefer no harnesses), a stationary leash (no flexi, chain or expandable leashes), soft training treats, a small squeaker toy,*



a notebook if you want to write down the lessons, and most of all enjoy the training journey with your new canine family member. Any attendant under the age of 18 must be accompanied by an adult.

9/23 - 11/4 (6 sessions) skip 9/30
Wed 6:00 PM - 7:00 PM
BPS Career Academy, Room 200A
Instructor: Betsy Hamkens
Fee: \$99 | Course ID: 9450006

PAWSITIVELY OBEDIENT

We will be building on the exercises learned in the Pawsitively Puppy class; however, if your dog has not attended a puppy class and is not seriously aggressive towards other dogs, this class would be an option for you and your dog six months of age or older. If your dog has issues that prevent participation in this class, Betsy is willing to make other arrangements to work with you and your canine. Tasks taught using more structured techniques are sit, down, come when called, controlled walk, wait, stay, and much more including some Rally and Canine Good Citizen exercises. *Equipment and requirements to attend this class are: VACCINATION RECORD ADMINISTERED BY A LICENSED VETERINARIAN ONLY (to include Distemper/Parvo series, Rabies and Bordetella), a collar (prefer no harnesses), a stationary leash (no flexi, chain or expandable leashes), soft training treats, a notebook if you want to write down the lessons, and most of all come enjoy the training journey with your canine family member. Any attendant under the age of 18 must be accompanied by an adult.*

9/28 - 11/9 (6 sessions) skip 10/26
Mon 6:00 PM - 7:00 PM
BSC Advanced Technology Center, East Flex Lab
Instructor: Betsy Hamkens
Fee: \$99 | Course ID: 9450001

NEW! FALL FLORALS

Create a beautiful fall floral arrangement using a variety of seasonal blooms and autumn-inspired colors. This fun, hands-on class is perfect for anyone looking to enjoy a creative evening and take home a festive arrangement to display throughout the season. *A supply fee of \$35 is due at registration. Please note: Registration closes on September 23 at 12:00 PM to allow time for purchasing supplies.*

9/30
Wed 6:00 PM - 7:00 PM
BSC NECE, Room 103
Instructor: Marlee Perez
Fee: \$15 | Course ID: 9450124

MONEY MATTERS

SECURE YOUR LEGACY: ESSENTIAL ESTATE PLANNING FOR RETIREES

Join us for an engaging and comprehensive workshop designed specifically for retirees looking to secure their legacy, minimize taxes and ensure peace of mind for themselves and their loved ones. In this two-part series, you'll learn the crucial components of estate planning and gain practical tools to take control of your future. Please note: This class is limited to one registration per person. Guests must also register and pay for the class.

9/21
Mon 6:00 PM - 8:00 PM
BSC NECE, Room 101
Instructor: Joshua Ross
Fee: \$29 | Course ID: 9600071

RETIREMENT PLANNING TODAY

It takes more than money to live a rich life. This course blends financial education with life planning to help you build wealth, align your money with your values, and achieve your retirement lifestyle goals. Discover what they did not teach you in school including: five strategies to manage investment risk, 11 ways to save money on this year's taxes, important questions to ask before buying insurance, how to invest in and take money out of your company's retirement plan, and determine the savings needed to retire. *Participants may bring a spouse or guest at no additional charge. A supply fee of \$35 is due at registration. Couples may share a workbook. Registration closes on one week prior to class at 12 PM to allow for supplies to be purchased.*

Please choose one date option below
10/15 - 10/22 (2 sessions)
10/20 - 10/27 (2 sessions)
Thu 6:00 PM - 9:00 PM
BSC NECE, Room 101
Instructor: Russ Arman
Fee: \$54 | Course ID: 9600010

TAXES IN RETIREMENT

In retirement, your tax rate may vary widely over the years based on the timing and order in which you use different sources of money to pay for your living expenses. You want to apply the tax code in an organized and efficient way. Learn what's involved in creating a retirement tax strategy to reduce your lifetime tax bill while maximizing investments, Social Security, Medicare and your legacy. *Please note: This class is limited to one registration per person. Guests must also register and pay for the class.*

12/1
Tue 6:00 PM - 8:00 PM
BSC NECE, Room 101
Instructor: Joshua Ross
Fee: \$29 | Course ID: 9600069

RECREATION & LEISURE

NEW! LEARN TO PLAY CHESS

Whether you are brand new to chess or looking to strengthen your fundamentals, this class will introduce the essential skills needed to enjoy and improve your game. Participants will learn how to properly set up a chessboard, understand the rules of play, and explore basic strategies and tactics used by successful players. The course will also cover key concepts of the opening, middlegame, and endgame, helping students develop a solid foundation for future play.

Students are welcome to bring their own chessboards, though it is not required. Friends and family members are encouraged to enroll and learn alongside you, providing a fun way to practice outside of class. *Please note that each participant must register separately to attend.*

9/17 - 10/1 (3 sessions)
Thu 6:00 PM - 7:00 PM
BSC NECE, Room 103
Instructor: Brad Hendrickson
Fee: \$34 | Course ID: 9650151

SPECIAL INTEREST

SPARKS FLY: INTRO TO WELDING

This hands-on, project-based course provides an introduction to safe welding practices and foundational skills. Participants will learn Oxy-Acetylene Cutting (OFC), Shielded Metal Arc Welding (SMAW), and Gas Metal Arc Welding (GMAW) through a combination of instruction and guided lab experience. Topics include shop and welding safety, equipment setup and operation, joint types, welding techniques, consumables, and basic welding theory. This course is designed for beginners and those looking to build practical, foundational welding skills for hobby or personal use. Throughout the course, participants will apply the skills they learn to create and complete a welded metal flower to take home.

The cost of project materials is included in the registration fee.

All participants must wear long pants and steel-toed boots. Safety gear, including gloves, glasses, jackets, and helmets are provided. Participants are welcome to bring their own safety equipment if preferred. Please note: This course does not result in a welding certification.

10/6 - 10/29 (8 sessions)
Tue, Thu 5:30 PM - 8:30 PM
BSC Mandan Campus, Room 113 A/B
Instructor: Benjamin Rohrich
Fee: \$309 | Course ID: 9750033

GETTING STARTED WITH GENEALOGY

Genealogy is a big puzzle that helps define who each of us is, and can often be used to solve unanswered questions. But do you even know where to begin? Let Don Mueller, seasoned genealogy enthusiast, guide you in this class! He will show you the basic pieces to the big puzzle – where you can find information, how to get started keeping track of the details and much more. Come learn how to start putting your family history puzzle together!

10/7
Wed 6:00 PM - 8:30 PM
BSC NECE, Room 103
Instructor: Don Mueller
Fee: \$49 | Course ID: 9750044

UPCOMING CAMP

Day: Wednesday, November 25, 2026
Time: 8:30 AM - 3:30 PM
Location: BSC Advanced Technology Center
Who: High School Juniors and Seniors with Disabilities

Explore the exciting world of robotics in this immersive one-day camp for Juniors and Seniors with disabilities!

Participants will build and program a tabletop robot and operate a fully functional robotic arm, gaining hands-on experience in automation and coding. Each participant receives a Robotic Arm Kit and Tabletop Robot to take home, so the learning and fun can continue after the camp. Through themed challenges like obstacle courses and path-tracking, students apply block-based or text-based coding to bring their robots to life. Using sensors such as ultrasonic, light, sound, and line-following, participants see how robots interact with their environment while building problem-solving, collaboration, and STEM skills.

Visit our website for registration information.
<https://bismarckstate.edu/community/youth>



GENEALOGY RESOURCES USING TECHNOLOGY

Have you ever asked, who are my great-grandparents, and where does my family come from? If so, join us to dig into your family history! Discover who we are, the great family stories that are waiting to be uncovered, and where we came from using numerous resources available at our fingertips. The course will cover basic genealogy concepts, a review of software packages, and sharing online sources that help us in our research. You will gain experience in doing electronic research and available local resources. Class time will allow for hands-on help. *Participants are encouraged to bring a laptop or mobile device that is capable of accessing the internet to class.*

10/14 - 10/28 (3 sessions)
Wed 6:00 PM - 8:30 PM
BSC NECE, Room 103
Instructor: Don Mueller
Fee: \$89 | Course ID: 9750043

WET PLATE PHOTOGRAPHY

Step back in time and into the world of photography with acclaimed artist Shane Balkowitsch. Join Shane in his natural light studio to discuss the history of photography and the beloved process of wet plate collodion. He will provide an overview of photography and show a demonstration of the process from 1851. Participants will learn about composition and the use of a large format camera as well as enter the darkroom to see the images come to life in pure silver on glass. Shane's original plates are held in over 100 museums worldwide, including the Smithsonian, Library of Congress, and the University of Oxford. With fewer than 1,000 people globally practicing this historic photographic art, this class offers a unique, front-row seat to a truly special experience.

10/27
Tue 1:00 PM - 4:00 PM
Nostalgic Glass Wet Plate Studio
Instructor: Shane Balkowitsch
Fee: \$84 | Course ID: 9750040



VIRTUAL CLASSES

NEW! PARENTING TODAY: EARLY CHILDHOOD

Raising capable, compassionate children starts with the right tools. This class is designed for parents who want to foster independence, resilience, problem-solving skills, and empathy in their children. Participants will explore topics such as positive discipline, age-appropriate independence, relationship-building, and helping children develop strong problem-solving abilities. Additional topics will be tailored to the interests and needs of the group. All discussions and strategies are based on current knowledge of child brain development and developmentally appropriate practices. *This is an online class using Zoom. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on September 14 at 12 PM.*

9/15 - 10/6 (4 sessions)
Tue 7:00 PM - 8:00 PM
Online
Instructor: Tamara Waters-Wheeler
Fee: \$54 | Course ID: 9750045

NEW! HOW TO USE VENMO SAFELY!

Stay relevant and up to date by learning all about Venmo, the popular mobile payment service. In this class, you'll discover how to securely pay friends and businesses, as well as receive money without the need for cash or checks. You'll gain a confident understanding of setting up Venmo safely, avoiding unnecessary fees, and applying it in real-world scenarios for you and your family. You'll be able to discuss the topic among family, friends and have an understanding of the key terms used when you hear about VENMO in the news! Join us to master Venmo and handle mobile payments with ease and security. *This is an online class using Zoom. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on September 15 at 12 PM.*

9/17
Thu 12:00 PM - 1:00 PM
Online
Instructor: Nickie Welsch
Fee: \$34 | Course ID: 9200107

NEW! LET'S GET ORGANIZED!

Learn the fundamentals of organization, including planner use, home organization, time management, and prioritization. Participants will identify their personal priorities and develop an organizational system that works for their lifestyle. Each participant will leave with a personalized plan to help them get started on creating a more organized and manageable daily life. *This is an online class using Zoom. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on November 2 at 12 PM.*

11/3 - 11/10 (2 sessions)
Tue 6:00 PM - 8:00 PM
Online
Instructor: Tamara Waters-Wheeler
Fee: \$54 | Course ID: 9750046

NEW! INSTANT UKULELE FOR HOPELESSLY BUSY PEOPLE

In just a few hours you can learn enough about playing the ukulele to give you years of musical enjoyment and you won't have to take private lessons to do this. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online recorded follow up lessons, a recording of the class and also access to optional live periodic question-and-answer session. *The class is held online using Zoom and is partly hands-on instruction and lecture demonstration. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on November 15 at 12 PM.*

11/19
Mon 6:30 PM - 9:00 PM
Online
Instructor: Craig Hoffman
Fee: \$69 | Course ID: 9650150

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

In just a few hours, you can learn enough secrets of the trade to provide years of musical enjoyment. Learn to play piano the way professionals do by using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. The fee includes the online book, online follow-up lessons, a recording of the class,

and an optional periodic question-and-answer session. *The class is held online using Zoom and is partly hands-on instruction and lecture demonstration. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on November 19 at 12 PM.*

11/23
Mon 6:30 PM - 9:00 PM
Online
Instructor: Craig Hoffman
Fee: \$69 | Course ID: 9650130

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. The fee includes the online book, online follow-up lessons, a recording of the class, and also an optional periodic question and answer session. *Class is held online using*

Zoom and is partly hands-on instruction and partly lecture/demonstration. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on November 20 at 12 PM.

11/24
Mon 6:30 PM - 9:00 PM
Online
Instructor: Craig Hoffman
Fee: \$69 | Course ID: 9650129

NEW! SWIPE SMART: A SAFETY GUIDE TO DATING APPS

Dating apps have changed the way we connect, but knowing how to protect yourself makes all the difference. This one-hour class covers how to navigate today's most popular dating apps, protect your personal information, and use built-in safety features so you can connect with others confidently and securely. *Class is held online using Zoom. You will need a computer, laptop, or smart device with video chat capability to participate. Registration closes on December 6 at 12 PM.*

12/8
Thu 12:00 PM - 1:00 PM
Online
Instructor: Nickie Welsch
Fee: \$34 | Course ID: 9200108

INTRODUCTION TO VOICEOVERS

Have you ever listened to commercial, animation, or audiobook and thought I wonder if I could do that? Voice acting can be a flexible way to earn from home. This introductory class answers questions about getting started, competition, and equipment. In a 90 minute, one-on-one session, you'll meet a professional voice actor via live video chat and learn industry trends and home setups. You'll explore voiceover styles, read a script, and receive coaching and feedback. *Upon registration, you will be contacted by VFA to schedule class. Participants must be 18 or older.*

Online
Instructor: Alicia Midgley
Fee: \$49 | Course ID: 9750026

CYBERCON
■■■■ 2026 ■■■■



8:30 am - 11:30 am
September 29, 2026

The Work We Do

Where purpose meets performance; this dynamic session will celebrate your team, ignite their energy, and equip them with insights they can use right away.

cyberconbsc.com/register

\$59

ONLINE LEARNING WITH ed2go

SCAN ME



START YOUR OWN SMALL BUSINESS

This self-paced or virtual class will teach you to transform your passion in a small business by teaching the fundamentals for success.

SCAN ME



PROJECT MANAGEMENT FUNDAMENTALS

This self-paced or virtual class will teach you the concepts you need to plan, implement, control and close any type of project.



For More Information:

- <https://CareerTraining.BismarckState.edu>
- 701-224-5600
- Training.BSC@BismarckState.edu

BSC BISMARCK STATE COLLEGE | North Dakota's Polytechnic Institution

CAREER PATHWAYS CLASSES

COMMERCIAL DRIVING (CDL)

With Bismarck State College's Commercial Driving Course, you will gain the knowledge and technical skills needed to obtain your Class A CDL and to assist you in securing a job in the booming trucking industry. Students will have the opportunity to learn from an experienced instructor both in the classroom and behind the wheel. Students will learn key commercial driving skills with hours of driving practice over the road, on the backing range, and in various driving conditions.

3 Week Course (choose one)

10/15 - 11/4

**more dates coming*

Mon - Fri 8:00 AM - 4:30 PM

2 Week Course (choose one)

9/14 - 25

9/21 - 10/2

9/28 - 10/9

9/30 - 10/13

10/14 - 27

10/28 - 11/10

**more dates coming*

Mon - Fri 8:00 AM - 4:30 PM

BSC NECE, Room 119

Class Fee: \$6,795 | Course ID: 5210001

A \$5,000 scholarship is available through Fargo Moorhead West Fargo Chamber Good Jobs Challenge grant. Learn more at: BismarckState.edu/GoodJobsChallenge



HAZMAT

This is an online, self-paced course that meets the FMCSA requirements for Hazardous Material Endorsement Theory. This course is three (3) hours in length and delivered online. Our CDL Instructor and program manager will be available to answer questions by email and phone. Upon successful completion of all training modules and an 80% or better on assessments, students will be eligible to take the ND State Hazmat Knowledge Test. Prerequisites: Current Class A Commercial Driver's License.

Start Upon Registration

Online

Fee: \$300 | Course ID: 5210003

CERTIFIED NURSING ASSISTANT (CNA) TRAINING

With Bismarck State College's Nursing Assistant training program, students gain the knowledge and technical skills needed to secure a job as a certified nursing assistant (CNA) in a skilled nursing facility, acute care, home health care, hospital, or clinic. The 76-hour program includes classroom instruction, supervised practical training, and clinical practice, and can be taken for college credit or as non-credit training.

Face-to-Face Evening Classes (choose one)

10/5 - 10/29

Mon - Fri 6:00 PM - 10:00 PM

BSC Health Sciences, Room 144

Class Fee: \$849 | Course ID: 3100001

Accelerated Hybrid Classes with Evening Skills

11/2 - 12/2 (skills 11/9-10, 11/12, 11/16-19, 11/23-24, and 11/30-12/2)

Theory Online

Skills 6:00 PM - 10:00 PM

BSC Health Sciences, Rooms 145/147

Class Fee: \$899 | Course ID: 3100005

QUALIFIED DENTAL ASSISTANT (QDA) PROGRAM

Bismarck State College's Qualified Dental Assistant (QDA) Program offers a comprehensive, self-paced online curriculum designed for North Dakota students. A QDA plays a vital role in supporting dental professionals and



delivering quality patient care. This program aligns with North Dakota Board of Dental Examiners (NDBDE) standards, ensuring high-quality training. Students complete required on-the-job training in a dental clinic, gaining hands-on experience while applying what they learn online. Inquire for more details at bsc.qda@bismarckstate.edu or on our website at BismarckState.edu/QualifiedDentalAssistant

Start Upon Registration

Hybrid

Theory: Online

300-hour Chairside Clinical: TBD

Class Fee:

Pathway I (sponsored by a dental office) \$1,250 or

Pathway II (not sponsored by a dental office) \$1,750

Course ID: 3300003

DENTAL BILLING AND CODING

This 16-hour online, self-paced course introduces the fundamentals of dental billing and coding, with an emphasis on Medicaid requirements, CDT codes, and common dental insurance processes. Whether individuals have experience or no prior knowledge, the course focuses on accurate code selection, basic documentation, and responding to insurance inquiries. The course does not lead to certification but supports foundational knowledge and professional skill development in dental billing and insurance processes.

Start Upon Registration

Online

Class Fee: \$250 | Course ID: 3300006



**No tests.
No grades.
No papers.**

Just learning
for the joy of it.

OSHER LIFELONG LEARNING INSTITUTE AT BISMARCK STATE COLLEGE

OLLI at BSC is a vibrant community for adults who share a passion for learning, connecting and exploring new interests. OLLI offers a wide variety of non-credit humanities classes, both online and in-person. Beyond the classroom, members enjoy unique learning opportunities, social events, and group travel, all designed to foster camaraderie and intellectual curiosity. OLLI is where learning is a joy, and new friendships are made.

Your annual membership fee of \$40 is valid through June 30, 2027.

Annual membership includes the following benefits:

- Special pricing on campus and community events
- Free activities and events
- Exclusive access to OLLI offerings in this catalog
- Traveling opportunities
- Waived processing fees on OLLI offerings
- Campus and community discounts include:
 - 20% off a monthly membership at the Touchmark Health & Fitness club
 - Dakota Zoo - 1 free train ticket
 - Bismarck/Mandan Symphony - OLLI Discount
 - BSC Theater Productions - OLLI Discount
 - 10% off all Enrichment classes
 - 20% off at the BSC bookstore
 - \$1.00 off specialty drinks at any Mystic Java location

For more information on becoming an OLLI member, visit bismarckstate.edu/OLLI or call 701-224-5600.



**Stay
Curious!**

OLLI classes and activities require an OLLI membership unless otherwise stated.

SERIES

HISTORY OF POLAR EXPLORATION

The history of polar exploration includes the dramatic, romantic, and oftentimes tragic exploits of intrepid mariners such as Ernest Shackleton, Roald Amundsen, and Sir John Franklin. In addition, humankind's connection to the Arctic and Antarctic touches on deeper historical themes such as nationalism, science, Indigenous cultures, and the biological impact of cold. This course will trace the evolution of polar exploration in the 19th and early 20th centuries, focusing on the Northwest Passage and the North and South Poles. *This class will be held virtually using Zoom. Participants can join from a computer or device with internet capability. This Zoom session will be streamed in Room 101 of the National Energy Center on the BSC campus for those who do not have internet capability and want to attend the class.*

9/16 - 9/30 (3 sessions)
Wed 10:00 AM - 12:00 PM

Online

Instructor: Ross Coen
Fee: \$35 | Course ID: 7040048

THE VIETNAM WAR THROUGH CARTOONS AND MUSIC

Take a unique look at the Vietnam War through the political cartoons and music of the era. By examining the images and songs that captured public sentiment, participants will explore key events of the conflict, changing attitudes toward the war, and the cultural forces that shaped the American experience during the 1960s and 1970s. This multimedia presentation offers a fresh perspective on a pivotal chapter in modern history.

9/17 - 10/1 (3 sessions)
Thu 3:00 PM - 5:00 PM
BSC NECE, Room 101
Instructor: Perry Hornbacher
Fee: \$35 | Course ID: 7040049

INTRODUCTION TO THE PROTESTANT CATECHISM-101

Gain a better understanding of the foundational beliefs and practices of Protestant Christianity in this introductory course. Participants will explore topics such as the Ten Commandments, the Lord's Prayer, the Apostles' Creed, Baptism, Communion, and other key elements of the Christian faith. This is not an evangelism course; rather, it is designed to provide an educational overview of these foundational teachings. Questions and respectful discussion are encouraged as we explore the principles that have shaped Protestant Christian tradition.

11/10 - 11/17 (2 sessions)
Tue 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Instructor: Brian Knutson
Fee: \$35 | Course ID: 7040047

FREE ACTIVITIES

FREE MOVIES

DIRTY DANCING

Dirty Dancing (1987, 100 min) – Watch the beloved romantic drama about a young woman spending the summer at a resort in the Catskills, where she falls in love with a charismatic dance instructor and discovers confidence, independence, and the power of following her heart. *Rating: PG-13*

9/18
Fri 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Course ID: 7090061

PAN'S LABYRINTH

Pan's Labyrinth (2006, 118 min) – Watch the acclaimed dark fantasy film about a young girl in post-Civil War Spain who discovers a mysterious labyrinth and is drawn into a magical world filled with strange creatures, challenging tasks, and difficult choices. *Rating: R*

10/23
Fri 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Course ID: 7090063

HAMILTON

Hamilton (2020, 160 min) – Watch the filmed stage production of the groundbreaking musical that tells the story of Alexander Hamilton, one of America's Founding Fathers, through a blend of hip-hop, jazz, R&B, and traditional musical theater. Experience the award-winning performances, unforgettable music, and powerful storytelling that made Hamilton a cultural phenomenon. *Rating: PG-13*

12/4
Fri 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Course ID: 7090062

FREE LECTURE

PRESIDENT KENNEDY'S ASSASSINATION (PART 3)

If Lee Harvey Oswald was just a patsy as he claimed, why did he appear so guilty? The answer lies in the fact that this wasn't just about killing President Kennedy; it was about killing Kennedy and then creating a false story about how he died. While in police custody,

Oswald said to his brother, "Don't you believe all that so called evidence." That fabricated evidence deceived the American public into believing a deceptive narrative about what really happened that day in Dallas. This class will discuss Lee Oswald's background and how he was incrementally manipulated to play a role in Dallas. Related topics—including Alek Hidell, Operation Northwoods, the Fair Play for Cuba Committee, and a trip to Mexico City—will be shared in this interactive discussion with attendees.

10/1
Thu 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Instructor: Jon Martinson
Course ID: 7090041

LECTURES

THOSE WOMEN OF THE WEST

We know the stories of the West's men who were explorers, traders, ranchers, lawmen, soldiers, and prospectors, but this course focuses on some of the West's women who also earned places in American history. *This class will be held virtually using Zoom. Participants can join from a computer or device with internet capability. This Zoom session will be streamed in Room 101 of the National Energy Center on the BSC campus for those who do not have internet capability and want to attend the class.*

9/22
Tue 1:30 PM - 3:00 PM
Online
Instructor: Stephenie Slahor
Fee: \$25 | Course ID: 7070185

QUEER LITERATURE 101

This class will focus on introducing attendees to queer literature. We will define it, talk about related histories, discuss its popularity and unpopularity, and hopefully provide understanding of this once-hidden genre of writing.

10/7
Wed 1:00 PM - 3:00 PM
BSC NECE, Room 101
Instructor: Kelsey Riggs
Fee: \$25 | Course ID: 7070191

CUSTER: THE STORY BEHIND THE STORY

This talk with take the student behind the myths and delve into who George Armstrong Custer was, where he came from, his family, and the man whose Civil War exploits made him a household name. The glory that Custer found during the Civil War proved elusive during Reconstruction and on the plains, but he found immortality at the Little Big Horn. Go beyond the legend and learn about the man whose adventurous life and violent death creates controversy to this day.

10/8
Thu 6:00 PM - 8:00 PM
BSC NECE Auditorium, Room 304
Instructor: Jeff Hoffer
Fee: \$25 | Course ID: 7070135

THE 'DIRT' ON DIRT!

One of geology's most important features is soil. We'll learn its forms, how each works, its importance to micro-organisms, plants, animals and humans, and how we can maintain and preserve it. *This class will be held virtually using Zoom. Participants can join from a computer or device with internet capability. This Zoom session will be streamed in Room 101 of the National Energy Center on the BSC campus for those who do not have internet capability and want to attend the class.*

10/20
Tue 1:30 PM - 3:00 PM
Online
Instructor: Stephenie Slahor
Fee: \$25 | Course ID: 7070187

CREATURE FEATURES: THE RISE OF MOVIE MONSTERS

Step into the world of classic Hollywood creature features and explore the films that helped define monster cinema from the 1940s through the 1960s. This class will examine the studios, directors, and filmmaking techniques behind the rise of the creature feature, along with the cultural fascination that made these films so popular during the early days of Hollywood horror and science fiction.

10/22
Thu 1:00 PM - 3:00 PM
BSC NECE, Room 101
Instructor: Pat Pins
Fee: \$25 | Course ID: 7070188

THE WAGON BRIDGE AT BISMARCK

On February 9, 1917 the North Dakota Senate passed a concurrent resolution requesting the federal government to provide funds for one or more wagon bridges across the Missouri River north of the 43rd parallel. The story you will hear about the wagon bridge begins in 1881 and ends in 1922 with a three day pageant of North Dakota history.

11/4
Wed 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Instructor: Ben Kubishta
Fee: \$25 | Course ID: 7070186

AMAZING STORIES OF SURVIVAL: PART II

Survival stories are universally captivating because they test the limits of the human spirit. They explore deep fears about our mortality while offering inspiring proof of our mental and emotional strength, adaptability, and the power of a determination to survive even in situations of extreme difficulty and danger. A few of the stories that will be covered: The Kon-Tiki Expedition (1947), Juliane Koepcke (1971) and The Chilean Mining Accident (2010). *NOTE: This is a collection of new survival stories (no repeats from Summer 2021).*

11/12
Thu 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Instructor: Ann Vadnie
Fee: \$25 | Course ID: 7070037

CORN!

'Hominy' OLLI courses are 'corny?' Lend an 'ear' because we'll learn how corn grows, its types, hybrids and uses, why it is a major part of America's faconomy, and even why we love popcorn! Your mind will be 'husk'-ier with new knowledge, and you'll have a 'bushel' of fun, maybe even calling yourself 'Kernel!' This class will be held virtually using Zoom. Participants can join from a computer or device with internet capability. This Zoom session will be streamed in Room 101 of the National Energy Center on the BSC campus for those who do not have internet capability and want to attend the class.

11/18
Wed 1:30 PM - 3:00 PM
Online
Instructor: Stephenie Slahor
Fee: \$25 | Course ID: 7070184

NORMAN ROCKWELL: ICONIC AMERICAN ARTIST

Norman Rockwell's works have a broad popular appeal in the U.S. for their reflection of the country's culture. Rockwell is most famous for cover illustrations of everyday life he created for Saturday Evening Post magazine for nearly five decades. He is also noted for his 64-year connection to Boy Scouts of America, during which he produced covers for their publication Boys' Life, calendars, and other illustrations. Ann will be sharing many fascinating stories relating to some of

Rockwell's most famous and best-loved paintings.

11/19
Thu 1:00 PM - 3:00 PM
BSC NECE Auditorium, Room 304
Instructor: Ann Vadnie
Fee: \$25 | Course ID: 7070189

HAMILTON: HISTORY, POLITICS, AND LEGACY

Explore the life and legacy of Alexander Hamilton as both a brilliant political figure and a financial visionary whose ideas helped shape the foundations of the United States. This class will examine Hamilton's influence on early American government and finance, his complex public image, and the tragic duel that brought his life to an end. Participants will also discuss the cultural impact and historical interpretation of Hamilton, including how the production portrays Hamilton as both a historical figure and a dramatic character.

12/3
Thu 1:00 PM - 3:00 PM
BSC NECE, Room 101
Instructor: Pat Pins
Fee: \$25 | Course ID: 7070183

THEODORE ROOSEVELT AND THE NATIONAL PARK SYSTEM

Following his epic 2026 Airstream journey to Theodore Roosevelt's conservation properties all over the American West, Clay Jenkinson will assess TR's remarkable achievement, with a particular emphasis on his five National Parks (one in North Dakota, but not TR National Park!) and his eighteen National Monuments, beginning with Devils Tower. No President did as much. Clay will also discuss the current threat to the public lands from those (including the Interior Department) who wish to privatize parts of the public domain, reduce or eliminate some National Monuments, and permit greater resource extraction. Plus, as his journey indicated, we are loving many of our National Parks to death.

12/10
Thu 2:00 PM - 3:30 PM
BSC NECE Auditorium, Room 304
Instructor: Clay Jenkinson
Fee: \$25 | Course ID: 7070193



BISMARCK HISTORICAL SOCIETY EVENT

VENTURING WITH THE VANGUARD: THE VOICES OF SARAH CAMPBELL AND YORK

Tuesday, September 8, 2026 | 6:30 PM - 7:30 PM | (Doors open at 6 PM)
Bavendick Stateroom | NECE, Bismarck State College

Step into history through an evening of live Chautauqua performance and conversation. The Bismarck Historical Society is partnering with The Study and Bringing Humanities to Life at BSC under an ND250 grant to host a special event featuring nationally recognized living history scholars Joyce Jefferson and Marvin Jefferson, with guest moderator Dr. Larry Skogen. Scholars will be portraying two remarkable figures connected to the American West and the Northern Plains: Sarah Campbell and York.

Admission is free, but pre-registration is encouraged:
<https://www.thestudynd.org/event-details/venturing-with-the-vanguard-the-voices-of-sarah-campbell-york>

OSHER ONLINE

This fall, expand your learning horizons with Osher Online, a program designed for OLLI members like you. You can connect and learn alongside fellow members from campuses nationwide, all from the convenience of your laptop, tablet, or smartphone. Whether you're a "snowbird" escaping to warmer climates, a traveler exploring new horizons, or simply enjoying the cozy comforts of home, Osher Online makes it easy to pursue your intellectual curiosity with engaging courses taught by subject-matter experts, no matter the weather or your location. These classes are offered online only, providing a unique chance to learn alongside OLLI members from across the country from the comfort of your home.

After you register for Osher Online classes, you will receive a welcome email from the Osher National Resource Center. This email will include an Osher Online username and password as well as a link to the Osher Online Website, through which you will access your classes. You will also have access to a pre-class orientation on September 30 at 1 PM, where you'll get helpful information for accessing your class.

Each Osher Online class is 6 weeks in length and costs \$65. Registration for these classes closes on Sept. 20 at 12 PM.



GREAT ARTISTS IN AMERICAN ROOTS MUSIC

From its emergence in the early 20th century, country music has resonated with those navigating a rapidly changing world. A key genre of American roots music, it expresses hardship while evoking emotion. This course explores the history of country and American roots music through the stories and artistic developments of key figures, including the Carter Family, Bill Monroe, Hank Williams, and Dolly Parton.

9/28 - 11/2 (6 sessions)
Mon 10:00 AM - 11:30 AM
Online Only
Instructor: Taylor Ackley
Fee: \$65 | Course ID: 7200094

THE BRITISH FAMILY IN FILM: HEAVY IS THE HEAD THAT WEARS THE CROWN

This course examines royal succession through acclaimed British films that explore power as a moral and political crisis. We will trace the monarchy's evolution from personal rule to institutional authority. We will cover the Plantagenet struggles in Becket and The Lion in Winter; the moral costs of kingship and the performance of national leadership through Chimes at Midnight and Henry V; the Tudor rupture through A Man for All Seasons; and the consolidation of legitimacy in Elizabeth.

9/28 - 11/2 (6 sessions)
Mon 12:00 PM - 1:30 PM
Online Only
Instructor: Bernard Epps
Fee: \$65 | Course ID: 7200104

A COSMIC GRANT TOUR: THE REALMS OF THE UNIVERSE

In this course, we will explore the three fascinating realms of the cosmos: nearby planets and moons; the stars; and the galaxies (the great island of stars that turn out to be the building blocks of the universe.) Our discussion will be in everyday language, without any math, and will be accompanied by remarkable color images from the latest space probes and the world's largest telescopes, including the latest breathtaking images from the James Webb Space Telescope.

9/29 - 11/3 (6 sessions)
Tue 4:00 PM - 5:30 PM
Online Only
Instructor: Andrew Fraknoi
Fee: \$65 | Course ID: 7200087

ART DETECTIVES: FORGERY, PROVENANCE, AND THE SCIENCE OF AUTHENTICATION

The art world may appear glamorous, but deception often lies beneath the surface. After weapons and drugs, art is the third most lucrative illicit trade, with reports suggesting that more than half of artworks are fake or misattributed. In this course, we will ask: When is a copy simply a copy, and when is it a forgery? What techniques do master forgers use? What can science tell us about art authenticity? We will uncover riveting stories of criminal art activity and master forgeries.

9/28 - 11/2 (6 sessions)
Mon 12:00 PM - 1:30 PM
Online Only
Instructor: Christine Maasdam
Fee: \$65 | Course ID: 7200089

APPLE AT 50: HOW IT REVOLUTIONIZED COMPUTING AND TRANSFORMED DAILY LIFE

This course traces Apple's fifty-year history and its massive impact on personal computing, design, product culture, platforms and ecosystems, and daily life. Each session focuses on a different decade in Apple's history, from the birth of the PC in the late 1970s to the latest Apple silicon, VR headsets, and future iPhones. We will learn how Apple reshaped not just technology, but how people live, work, and communicate.

9/29 - 11/3 (6 sessions)
Tue 6:00 PM - 7:30 PM
Online Only
Instructor: Leander Kahney
Fee: \$65 | Course ID: 7200088

MEXICO CITY: EMPIRES, REVOLUTIONS, AND EVERYDAY LIFE

Mexicans celebrate a remarkable diversity of peoples, music, food, festivals, and historical traditions, expressed through fiestas that bring communities together throughout the year. In this course, we will explore Mexico City as a cultural and historical crossroads shaped by centuries of continuity and change. We will trace the legacies of Indigenous civilizations, the transformations of Spanish colonial rule, the struggles for independence and revolution, and the rise of modern democratic politics, culminating in the election of Mexico's first woman president.

9/29 - 11/3 (6 sessions)
Tue 12:00 PM - 1:30 PM

Online Only

Instructor: William Beezley
Fee: \$65 | Course ID: 7200096

THE BIRTH OF THE BEAT GENERATION

In this course, we will examine the dramatic circumstances that gave rise to the Beat Generation in the 1940s. Together, we will examine three famous Beat works: *Howl and Other Poems* by Allen Ginsberg, *On the Road* by Jack Kerouac, and *Naked Lunch* by William S. Burroughs. We will focus on historical events involving Beat writers, important passages of Beat literature, and the literary movement that spawned the 1960s counterculture.

9/29 - 11/3 (6 sessions)
Tue 8:00 PM - 9:30 PM

Online Only

Instructor: Kurt Hemmer
Fee: \$65 | Course ID: 7200103



WINNING THE WHITE HOUSE: THE EVOLUTION OF THE PRESIDENCY

Harry S. Truman called the presidency "the most peculiar office in the world." In this course, we will explore how the framers left the office open to interpretation, allowing presidential power to expand over time. We will examine how the presidency has come to dominate the three branches, how presidents gain and use power, and how the rise of the administrative state has altered the balance the framers intended.

9/29 - 11/3 (6 sessions)
Tue 10:00 AM - 11:30 AM

Online Only

Instructor: John White
Fee: \$65 | Course ID: 7200111

SOME ASSEMBLY REQUIRED: THE STORY OF THE NORTH AMERICAN KIT HOME

In this course, we will explore the history and cultural impact of kit homes in North America, focusing on their peak from 1905 to 1945. We will learn how to identify these mail-order houses and examine their rise, decline, and industrial innovations. We will also consider how kit homes intersected with issues of race and gender. Through examination of the industry and the stories of the people who lived in these homes, we will discover why they remain an important part of the cultural landscape.

9/30 - 11/4 (6 sessions)
Wed 10:00 AM - 11:30 AM

Online Only

Instructor: Nigel Tate
Fee: \$65 | Course ID: 7200100

THE MAGIC BEHIND FILM SCORES: THE ROLE OF MUSIC IN GREAT MOVIES-PART II

This course continues our journey into how music drives the emotional power of film. We will explore how scores and songs shape story, character, and memorable moments. We will focus on films where songs take center stage, from iconic themes to pop- and rock-driven storytelling. Spanning genres and eras, we will see how composers, songwriters, and performers expanded the language of film music – from Westerns and global cinema to the pop-cultural impact of James Bond and the Beatles.

9/30 - 11/11 (6 sessions)
Wed 4:00 PM - 5:30 PM

Online Only

Instructor: Michael Agron
Fee: \$65 | Course ID: 7200107

TRACING OUR ROOTS: DNA, FAMILY HISTORY, AND THE POLITICS OF IDENTITY

How does DNA reshape our understanding of ancestry and identity in the Americas? In this course, we will explore genetic genealogy through early contact between European and Indigenous peoples, using the New Mexico DNA Project as a case study. We will examine Y-DNA, mitochondrial DNA, Indigenous haplogroups, and the Spanish castas system. We will consider the ethical and political implications of DNA testing and the limits of what genetic evidence can, and cannot, tell us about race and belonging.

9/30 - 11/4 (6 sessions)
Wed 6:00 PM - 7:30 PM

Online Only

Instructor: Angelo Cervantes
Fee: \$65 | Course ID: 7200109





BIOLOGY & SOCIETY

This course introduces the scientific study of life, emphasizing real-world applications and the societal, ethical, and legal consequences of biological advances. We will place key principles within the context of issues that affect society. Designed for non-scientists with little or no recent science experience, the course encourages discussion and reflection. Many topics are at the leading edge of discovery, and we will consider the ongoing ethical and legal debates surrounding their application.

10/1 - 11/5 (6 sessions)
Thu 10:00 AM - 11:30 AM

Online Only

Instructor: Eric Simon
Fee: \$65 | Course ID: 7200091

"STUDIES SHOW..." (OR DO THEY?): UNDER THE HOOD OF A SCIENTIFIC STUDY

What really changes when we read beyond the abstract? In this interactive course, we will open real research papers (many in health and nutrition) and explore what scientists actually look for. We will explore how small design choices can dramatically shape a study's meaning, and why headlines rarely tell the full story. No technical background is required – just curiosity. By the end of the course, we will never read "studies show..." the same way again.

10/1 - 11/5 (6 sessions)
Thu 2:00 PM - 3:30 PM

Online Only

Instructor: Johnie Hendrickson
Fee: \$65 | Course ID: 7200101

SACRED MOUNTAINS OF THE WORLD

Across cultures and throughout history, mountains have held powerful symbolic meaning. In this course, we will explore how the Buddhists of the Himalayas, the Inca of the Andes, the Inuit of the far north, and European Romantics understood and approached these landscapes. Through an interdisciplinary lens, we will examine the beliefs, traditions, and mythologies inspired by the world's mountains, using illustrated lectures, short readings, and discussion to deepen our connection to these high and wild places.

10/5 - 11/9 (6 sessions)
Mon 2:00 PM - 3:30 PM

Online Only

Instructor: Jonathan Duncan
Fee: \$65 | Course ID: 7200099

THE HISTORY AND EXPERIENCE OF ROUTE 66

Route 66 is as much an idea as it is a place. Since 1926, it has evolved from a busy highway into a symbol of nostalgia, travel, and the American road. Today, it serves as a kind of pilgrimage route, marked by neon signs and preserved roadside landmarks. In this course, we will explore its history, cultural meaning, rise and decline, revival, and preservation, while considering the future of this iconic American highway.

10/5 - 11/9 (6 sessions)
Mon 6:00 PM - 7:30 PM

Online Only

Instructor: Peter Dedek
Fee: \$65 | Course ID: 7200105

CULTS AND NEW RELIGIOUS MOVEMENTS IN AMERICA

America has long been fertile ground for new and alternative religions. In this course, we will examine New Religious Movements, often labeled "cults", within the US context. We will explore why some became accepted, others faded, and some led to controversy or tragedy. We will consider both insider perspectives and outsider views while analyzing their history, beliefs, and practices. Focusing on the 18th and 19th centuries, we will work to better understand these movements and challenge common misconceptions.

10/6 - 11/10 (6 sessions)
Tue 2:00 PM - 3:30 PM

Online Only

Instructor: Kathryn Davis
Fee: \$65 | Course ID: 7200092

AUGUST WILSON AND HIS AMERICAN CYCLE-THE FIRST FIVE: 1904-1957

August Wilson was the first African American playwright to have a Broadway theater bear his name, honoring his powerful portrayal of African American culture. In this course, we will read, watch, and examine plays from Wilson's American Cycle, which represents each decade of the 20th century. We will explore his life and influences while focusing on Gem of the Ocean, Joe Turner's Come and Gone, Ma Rainey's Black Bottom, and Seven Guitars, tracing his interpretation and celebration of African American culture.

10/7 - 11/11 (6 sessions)
Wed 4:00 PM - 5:30 PM

Online Only

Instructor: Ladrice Menson-Furr
Fee: \$65 | Course ID: 7200090



POST-WAR ARCHITECTURE: THE INNOVATIVE ARCHITECTS OF THE MIDCENTURY MODERN PERIOD

From new industrial materials to innovations in housing, mid-20th-century designers worked to shape an aesthetic that reflected post-World War II ideals. In this course, we will explore the optimism linking design and lifestyle, especially through open living spaces. We will examine the Case Study Program and the work of designers such as Charles and Ray Eames, John Lautner, Eero Saarinen, E. Fay Jones, and Donald Wexler, within the context of rapid social change.

10/7 - 11/11 (6 sessions)
Wed 12:00 PM - 1:30 PM
Online Only
Instructor: Eleanor Schrader
Fee: \$65 | Course ID: 7200097

EARLY 20TH CENTURY AVANT-GARDE: FROM REBELLION TO ABSTRACTION

Journey into the vibrant world of early 20th century art and witness the birth of abstraction. This transformative period reshaped the cultural landscape, from the bold colors of Fauvism, the fractured forms of Cubism, to the dreamlike realms of Surrealism. Each session focuses on the movements' leading artists including Matisse, Kandinsky, Picasso, Mondrian, Duchamp, and Dali. We will explore their aesthetic goals and the social and cultural currents that influenced them.

10/8 - 11/12 (6 sessions)
Thu 4:00 PM - 5:30 PM
Online Only
Instructor: Lauren Weingarden
Fee: \$65 | Course ID: 7200093

THE 60S THROUGH THE GREAT SPEECHES

The 1960s is a decade wrapped in myth and misunderstanding. In this course, we will cut through that haze by turning to something powerful and concrete: the speeches of the era. The times and the conditions demanded these significant speeches. Together, we will listen to the voices that moved a nation and shaped history. With recordings preserved through television, video, and YouTube, we will discover what these speeches still have to teach us today.

10/9 - 11/13 (6 sessions)
Fri 10:00 AM - 11:30 AM
Online Only
Instructor: Arthur Benedict
Fee: \$65 | Course ID: 7200102

THE SEARCH FOR AN AMERICAN SOUND

Since the 1890s, when Americans were beginning to develop their own traditions in classical music, composers have recognized the dilemma of creating the American sound. We will explore how classical musicians, and Broadway and Hollywood composers, most of them Jewish, followed parallel paths in creating sounds that reflect these lands and its people. Aaron Copland, George Gershwin, William Grant Still, Florence Price, Alex North, Elmer Bernstein and others will be the protagonists of this lecture.

10/12 - 11/16 (6 sessions)
Mon 4:00 PM - 5:30 PM
Online Only
Instructor: Emanuel Abramovits
Fee: \$65 | Course ID: 7200108

LIVING OFF THE LAUGHTER: HISTORY OF COMEDY IN AMERICA

This course is a history class with a laugh track. We will analyze the 20th and 21st centuries against their historic context, using humor as the platform. We will discuss how comedy was shaped by and responsive to American society, and how comedians influenced and shaped American life. We will cover Silent Films, Vaudeville, Radio, Screwball and Romantic Comedies, and the Golden Age of Television. We will study how each generation's identity influenced what (and whom) they laughed at.

10/14 - 11/18 (6 sessions)
Wed 2:00 PM - 3:30 PM
Online Only
Instructor: Eddy Friedfeld
Fee: \$65 | Course ID: 7200095

POWER AND THE PEOPLE: THE EVOLUTION OF THE U.S. FEDERAL JUDICIARY

The American Experiment began with the Declaration of Independence and led to the creation of the federal judiciary, one of the country's greatest experiments. In this course, we will trace the evolution of the courts from their English roots to their formal establishment in the Constitution.

We will explore how the Supreme Court, lacking the power of the purse or military, derives its authority from its ability to connect with the people of the US and protect democracy. We will examine the creation of the federal judiciary and the power of the Marshall Court, the Court's evolution through the New Deal, the Vinson Court, the Warren Court's "Rights Revolution," and the role of today's US Supreme Court.

10/15 - 11/19 (6 sessions)
Thu 12:00 PM - 1:30 PM
Online Only
Instructor: Lauren Andersen, JD
Fee: \$65 | Course ID: 7200098

THE INVISIBLE THREAD: 3,500 YEARS OF GLOBAL SUPPLY CHAIN

We often only notice the global supply chain when it breaks. Yet, for millennia, the movement of goods has been the silent engine of civilization. In this course, we will track the evolution of trade from an executive's perspective. From the sunken treasures of Bronze Age merchant ships to the high-tech intermodal systems of today, we will explore the vessels that carried the world's wealth and the complex networks that keep our modern shelves stocked.

10/19 - 11/23 (6 sessions)
Mon 10:00 AM - 11:30 AM
Online Only
Instructor: Scott Jones
Fee: \$65 | Course ID: 7200106





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- When does registration begin?
- What if I cannot attend a course as planned?
- What is the refund/drop policy?
- Can a class be canceled because of low enrollment?

Find the answers to these, and many more questions, at registeratbsc.com

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Commercial Driving (CDL)	10
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Getting Started with Genealogy	7
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Hazmat	10
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How To Use Venmo Safely!	8

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Instant Ukulele for Hopelessly Busy People	8
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4 EASY WAYS TO REGISTER!

Online Registration

The easiest and most convenient way to register for class is online at: registeratbsc.com, **click REGISTER NOW.**

- New Students: You will need to create a user profile before you can register for a class. We are part of the North Dakota University System, so many of the terms used on the registration site refer to "student." This term refers to anyone participating in an Enrichment class.
- Returning Students: If you have already created a user profile, simply sign-in with your username and password.
- Scan QR Code to register.



In-Person

National Energy Center of Excellence
1200 Schafer Street
1st Floor, Suite 107 (Door D)
Bismarck, ND

Phone Registration

701-224-5600
1-877-846-9387

Mail

Continuing Education
PO Box 5587
Bismarck, ND 58506

**Denotes required information*

*First name _____ Middle name _____

*Last name _____

*Address _____

*City _____ *State _____ *Zip _____

*Phone (daytime) _____ Additional phone _____

*Email address _____

Birth date (mm/dd/yyyy) _____

Stay connected and informed!

Signing up for text message alerts will keep you up to date on any class changes.

*Would you like to receive class updates/notifications via text message? ☐ Yes ☐ No

If yes, please indicate your preferred mobile phone number _____

If purchasing a 2026-2027 OLLI Membership, which applies to you: ☐ Renewing Member ☐ New Member

Course ID	Course Title	Start Date	Time	Course Fee	Supply Fee
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Total paid \$ _____

If applicable, your supply fee must be included with your class fee at time of registration.
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